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212 W. Buchanan St.
Colorado Springs, CO 80907
719-635-3257 email: hunt@rmroosters.com

Somebody has said there are only two kinds of people in the world. There are those who wake up in the morning and say, "Good morning, Lord," and there are those who wake up in the morning and say, "Good Lord, it's morning." **Dr Axton, Pheasantologist**

Experience is something you don't get until just after you need it.

I think I was born without a neck. I tell people when a pretty woman enters a room, every head turns except mine....I have to turn my whole body.

Being vertically challenged and being built like a fireplug doesn't help, but I get by. Someone once told me that a crowded elevator smells different to a midget, but we also see things from a different angle too.

A good friend of mine asked me how I was doing today and I told him I was short and good looking, and he told me that I only could go up from there!

Since I have never had to buy clothes from the Big and Tall shop, I don't know what it would be like to see the world from the vantage point of someone 5'6" or taller, and that brings me to my point (you were wondering where this was going, I am sure)

We all have the chance to look at things from a different angle. Some people can't see the forest for the trees, and some people are looking at the ants on the leaves and run smack into the trunk.

I hate the idea of \$4 a gallon gas and it is even more brutal for those of you driving the diesel trucks! We all know the cost of everything has increased...from cornflakes to dog food. But since I was always the kid who found a pile of horse manure and started looking for the pony, I am looking hard to find the benefit of the tough economy.

I realized how valuable your membership is at Rocky Mountain Roosters. Since we are located so close to the front range and lots closer to your home than South Dakota or Kansas and Nebraska, it makes more fiscal sense to take your hunting trips closer home. It has always been the case, but when you can save a bucket full of dol-

lar bills by hunting at RMR, you can actually hunt more? Makes sense to me, and I hope you express this to your hunting friends who have been traveling out of state to shoot a few roosters.

We value your patronage and your referrals. We do have some openings for membership due to the down turn in some businesses, which is a rare thing at your club. If you know of someone that is looking to join a club and you think they would be a good fit for the RMR family, have them call the office for an application and we will make sure they get



one. If they join....make sure they tell us you referred them so you can receive a free hunt for the business!

I want to say 'Thanks' for all of the emails and prayers for my Mom, Peggy. She is on the mend from a tough Spring and is at home now and doing well.

If you don't get our emails, you are missing out on the current news that we can relay to you on a weekly basis. If you are not getting them and want the timely updates, just send a message telling me that you would like to get the email news that RMR sends. The email address is at the top of this newsletter.

I had the opportunity to take two groups to Argentina a few weeks ago and as usual the hunting, food and accommodations were first class.

A new hunt that is coming up starting this January is the opportunity to hunt Ducks from January through March in the rice fields. The farmers are overwhelmed with waterfowl and the government has said that hunters can help reduce the population of over 5 million ducks to help control the damage that the farmers are experiencing.

If you would like to go on a hunt during these three months we will be combining the Dove and Duck hunt so you will hunt 6 days—3 days of Dove and 3 days of Ducks for a combo price of \$3995.

You will pull the trigger more than you can imagine and you will help the farmers, help feed the hungry with your harvest and have a great time doing it! Call the office or email for more information about this great hunt.

The summer has been dry up until a few days ago and we have started to get some of the normal afternoon showers that we desperately needed. Homestead pond actually has water in it due to the run off!!

Come train your dogs and get them ready for the season or just bring them out for a swim and shoot some targets.

From my viewpoint, we are getting ready for an awesome year. Bill, Jim and Lee have been hard at work to make your club the best it can be and they deserve a big pat on the back when you see them.

As always, pat the wife and kids on the head and give your dogs a big kiss for me.

23 years and counting!

RMR's 23rd Season Kicks Off With Annual Dove Hunt

Last year we cancelled the Dove hunt due to the fact the birds left the country before the opening day. We are going rain or shine this year since some hunters did find some limits and this year looks like it will be a good one. September 1st is a National Holiday for hunters. It isn't marked on any calendar that way, but for those of us that pursue game with a shotgun it is the official start of the hunting season in Colorado. Dove season kicks off the hunting year as usual at Rocky Mountain Roosters. We will be sponsoring a group dove hunt in Las Animas again this year on September 1st. This event is for members and their guests and the cost is \$30 per person. Jeff Baylor with Beaten Path Outfitters is putting the trip together and the trip is limited to the first 40 hunters.

We will meet in Las Animas at 5am on the 1st at the Loaf and Jug on Hwy 50, and if you are interested in going you might want to consider going down the night before to avoid having to get up at 'O Dark 30' to drive there for the hunt. The Best Western's phone number is 719-456-0011, and the Colonial Inn is 719-456-0303. If you strike out there, try La Junta for a place to stay, but I don't have numbers for you in that town.

You must have a Colorado Small Game License, Hunters Safety Card, Habitat Stamp and HIP number (it sounds harder than it is) to hunt this federally regulated bird. It is a lot of fun and this trip fills every year, so call the office to make your reservation to join us on this trip.

We will be opening the club up for hunting starting on September 13th and will hunt mornings only until the first of October or sooner if it cools down.

Many members wonder why we choose to hunt in the mornings only in September. It is a simple fact that the dogs can't handle the heat and the cover is still green and scenting conditions are harder after the cover starts to dry out in the mid day and in the afternoons. When there is dew on the ground in the early mornings the dogs can smell the birds better and you get a better hunt. If you have your own dogs and want to hunt in the afternoons, that is an option you have, but there are no guided hunts in the afternoons until the weather cooperates.

Whether you hunt when it is hot or even when there is snow on the ground, you need to make certain that your dog has plenty of water to drink while he is hunting and after you are done.

Keep a water bottle with you and a jug in your truck for a cool drink after the guns are up and you are ready to call it quits for the day. Don't risk heat stroke for your dogs or yourself....stay hydrated!!

**KEEP YOUR DOGS
HYDRATED!**

Do we have your email address?? If not send it to us at hunt@rmroosters.com



719-635-3257 for Reservations

YOUR Club Is Ready For Every Occasion

Have you ever thought that you would like a unique place to hold a meeting or have a party for some friends, clients or family? Many RMR members take advantage of the facility not only for hosting a group for a hunt and fun away from the office, but you should remember us when you need a venue for your next meeting or special occasion.

We just held another large wedding reception complete with china and fancy umbrella drinks! The clubhouse was turned into a beautiful yet rustic banquet room and the last bride and groom outfitted the great room with special lighting and round tables and had a fantastic dinner catered in for 200. The next day another group of 100 had a short meeting and then had an afternoon of clay target shooting and games for the kids.

With the season upon us, and the holidays following fast behind the opener, keep Rocky Mountain Roosters in mind to help you have a special place to entertain and avoid the sterile and high price of the hotels.

Take a moment and think about what we can do for you and give us a call to schedule a date for the use of the club. We can help you in the planning part of the event as well as the expert delivery of the product. Combine a meeting with a clay shoot or a teambuilding event with a hunt. With enough notice we can handle 120 hunters for a day hunt and more folks for shooting and a meeting. Let us know if we can be of service to you!!



LUNCHES ON WEEKENDS AT THE CLUB

Rebecca and Dawn will continue to cook you hot meals on the weekends at the club. Meals are still a bargain at \$6 and they will always have a hot pot of chili on the stove as well as a different entrée each week for your enjoyment. Take advantage of their hard work to make sure you are fed a hot meal before or after a hunt. You don't need reservations for lunch and they really appreciate your patronage! They will start cooking each weekend beginning October 4th.

GIANT HUNTS ARE BACK

We continue to host a popular hunt at RMR, and if you want a hunt that will absolutely test your shooting skills, and be ranked as one of the most fun trips you have ever had at the club, you need to try a GIANT HUNT!! No we don't hunt big people --read on!

The GIANT QUAIL HUNT is an all day affair starting at 8am. You'll hunt from 8am to 11am and break for lunch. After you relax and eat, you'll be back in the field about 1pm for the afternoon. We will run the Quail hunts from October through December 15th only.

On this hunt your group can kill 100 Quail. A guide and dogs are included. The maximum number of hunters we take is four and the cost is \$800 for members. (the cost is a little more this year due to bird prices) You can shoot Pheasant and Chukar while on this unbelievable hunt, you'll just pay for the birds if you kill them.

We are only booking 30 GIANT QUAIL HUNTS this year, so if you want to reserve one, call the office and get on the list. This is the only way that we are hunting Quail this year...we hope it will keep them more wild and for those of you that had the chance to hunt the new Quail areas last year know that the cover is great for these big hunts.

On the GIANT CHUKAR HUNT you can shoot 100 Chukar. A guide and dogs, lunch and bunches of fun are included!! The cost for this unbelievable hunt for up to four hunters is still only \$950. Get your friends together and take advantage of these fun hunts. Call now for reservations719-635-3257.

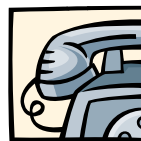
The GIANT hunts will be available starting October 4th.

Confucius Says: Man who lives in glass house should change cloths in basement.

off the mark by Mark Parisi
www.offthemark.com



CANINE AFFIRMATION TAPES



RESERVATIONS PLEASE...

I know it sounds like a broken record to most of you, but we are starting a new season and I have to go over the reservations policy, again.

To make reservations call the office, not the clubhouse. The number is 719-635-3257. Brett has the master reservations book and so he or the office staff, Janna or Vikki, will make all reservations. The office is open Monday through Friday 7:30am to 5pm. If you don't get a live body, we have voice mail, so leave a message.

You can also book hunts online by emailing your request to hunt@rmroosters.com. We will respond to you via email and the only thing you need to do is show up for your hunt. Cancellations can not be done via the email, and must be phoned in. This is to make certain that we have them and they were not lost in cyberspace.

REMEMBER!!!! Cancellations are required 48 hours prior to a hunt. If you don't show for a hunt or forget to cancel, you will be charged for the hunts scheduled. This is not a new policy, just a friendly reminder.

If you just want to hunt pheasants, that is fine. That is our standard hunt, which allows each hunter to kill five birds, either sex. If you just want to hunt Chukar you can kill 7 birds per person. If you don't specify a certain species of birds, the limit is 5 in combination...what ever you kill. If you kill more than five, you just pay for them after they are in the bag. Let us know if you are using your own dog or if we need to provide you a handler and dogs, still at no charge.

Prescription Errors on the Rise

There's a virtual epidemic of medical mistakes taking place in the US today. Attention has focused mainly on those that occur in hospitals, but dangerous errors also happen in pharmacies. Nearly half of Americans take at least one prescription drug daily. According to an article in the *Journal of Patient Safety* in December 2007, there are 50 million medication errors in pharmacies annually. While individual pharmacy dispensing error rates are low (less than 1% to 4%), the concern about them is valid, as some errors are fatal. A recent survey, Parata Prescription Safety 2008, found one-third of consumers report having experienced a prescription error themselves or knowing someone who has.

AN EMPHASIS ON SPEED, NOT COUNSELING

In most drugstores today, too few staff members are under too much pressure to fill too many prescriptions in too short a time period, says Dr. Sasich. Though a pharmacist must be on-site at all times when prescriptions are being filled, laws vary about the educational requirements for the person who interacts with the customer. Pharmacies are commonly staffed with more lower-paid technicians than pharmacists, in part because pharmacists now must spend so much more time counting and packaging "pre-fab" drugs and checking insurance coverage than actually compounding medications.

SAFETY AT THE PHARMACY

Common mistakes include misinterpretation of a physician's written instructions or prescription details. Another is drug name confusion -- some names of dissimilar pharmaceutical drugs sound very much alike. We consumers must protect ourselves by being attentive to the medications we are taking. Starting in the doctor's office, be sure that you are clear on what drug is being prescribed... why it is prescribed... if it is the safest alternative... possible side effects... and dosage instructions, including exactly how much you should take, when and for how long, if it should be taken with or without food, and what to do if you miss a dose.

NEXT, AT THE PHARMACY....

Make certain that the pharmacist understands your doctor's instructions regarding drugs and dosages. One step in the right direction is that many physician offices now print out computerized prescriptions, which is a big plus for clarity.

Review all drugs, including supplements and OTCs, with your doctor and consider bringing the list for your pharmacist to review, as well. This can be helpful in minimizing the possibility of dangerous interactions.

Fill all your prescriptions at the same pharmacy. These are usually tracked on their computer, which is programmed to red-flag interactions, at least to the degree that these interactions have been identified and catalogued. If you have to fill a prescription elsewhere, bring the container to your regular pharmacist so the pharmacist can see the label and log the information.

When you pick up your prescription, confirm that what appears on the label exactly matches the name of the drug and dosage prescribed by your physician.

For ongoing prescriptions, learn to recognize what your medication looks like. If it appears to be different in any way, ask the pharmacist to double-check that it is the correct drug. You can also go to drugdigest.org to look up what your drug is supposed to look like by dose, as well as search for drug information.

When possible, call ahead for refills. This puts less time pressure on the pharmacy.

Make sure to review the written information that comes with your prescription -- usually this includes a complete drug description, including possible side effects and instructions on how to take it. If there is no information provided, ask the pharmacy to print this out for you.

In Dr. Sasich's opinion, the single most important step any of us can take to remain safe from prescription drug errors is to speak up. Since pharmaceutical technicians may be working behind the counter, fetching and ringing up your prescription, it's always a good idea to ask to consult with the pharmacist. Before you leave, make sure that you understand everything about your medication and how to take it.

Source(s): Larry Sasich, PharmD, MPH, assistant professor of pharmacy practice at Lake Erie College of Osteopathic Medicine, School of Pharmacy, Erie, Pennsylvania.